

**Contracted Services, Donations, Grants and Sponsorship Provided to Patient Organisations in 2023  
PORTUGAL**

*Methodology: a complete list of organisations that were provided donations, grants or sponsorships were collated for the calendar year 2023. Monetary value of each contribution was recorded and where available, the percentage contribution to the organisation's total income is disclosed.*

Name of Organisation	Project description	Amount (inc taxes, Euros)	% Income	Website
ABRAÇO	"Centro de rastreios LX" - This project aims to contribute to the early diagnosis of HIV, promote linkage to health care and access to treatment, increase quality of life, defend the rights of people living in the with HIV.	10.000	1	<a href="https://abraco.pt/">https://abraco.pt/</a>
ABRAÇO	"Consulta descentralizada PrEP" - This project aims to decentralize the scheduling hospital PrEP appointments, promoting access to this prevention approach in a more appropriate way, minimizing access barriers and responding to the needs, profiles and living conditions of people, priority groups. It enables training and effective access to a variety of prevention, diagnosis and treatment technologies, providing rapid HIV screening, anonymously, confidentially and free of charge, with pre-test information and post-test counselling.	8.000		<a href="https://abraco.pt/">https://abraco.pt/</a>
AHSeAS - Associação Humanitária de Saúde e Apoio Social	"Projeto V.I.D.A. (Valorizar, Integrar, Dialogar e Autonomizar)" - This project aims to promote an integrated approach to care, aimed at people living with HIV, in clinical follow-up and who have difficulties in adhering to treatment and/or people who do not have the technological means necessary for teleconsultation in infectious diseases or whose communication difficulties hinder it. Activities were developed that promote adherence to treatment and retention in health services, through psychological and social support, individual health education sessions, with the provision of updated information, support in navigating the NHS, follow-up of consultations and other exams, survey, organization and delivery of the ART, including DOT.	30.000	17	<a href="#">AHSeAS facebook</a>
Associação Positivo	"Encontros Positivos" - project that aims to improve the quality of life of people living with HIV (in particular those living alone), through physical activity, interaction activity of users with resources of various means such as form of occupational stimulus and improvement of their knowledge and social training..	5.000	8	<a href="https://positivo.org.pt/">https://positivo.org.pt/</a>
Associação Positivo	"NutriVIHve" - a project to continue the previous one called "NutriON", which aims to improve the quality of life of people living with HIV, through information and training in the area of eating behaviours through nutritional consultations and monitoring, improving eating habits and physical activity.	5.000		<a href="https://positivo.org.pt/">https://positivo.org.pt/</a>
Associação Positivo	"Pares Positivos" - project to support new cases of people living with HIV, migrants or newcomers who need to be referred to the healthcare system (mainly hospital consults), helping them navigate the bureaucracy of official referral for first and sometimes second consultations, aiming to improve linkage to care and treatment adherence.	5.000		<a href="https://positivo.org.pt/">https://positivo.org.pt/</a>
Associação Positivo	"Red Light Covid" - It is a complementary project aimed at sex workers, for access to STI screening tests, with extended hours of service, sometimes including trips to implement these tests in their workplaces or homes, ensuring better testing rates	7.000		<a href="https://positivo.org.pt/">https://positivo.org.pt/</a>
Associação Positivo	"Terapêutica, QdV e Saúde Mental" - It is a project for PLHIV, who need specific psychological and psychiatric support, since they have obsessive, compulsive psychological disorders (mainly associated to alcohol or drug abuse) that negatively impact on adherence to medication and ART.	5.000		<a href="https://positivo.org.pt/">https://positivo.org.pt/</a>

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Fundação Portuguesa "A Comunidade Contra a SIDA"	"Campanha Nacional de Sensibilização 2023" - The Screening and Awareness Campaigns will be carried out in the presence of psychologists, nurses and community mediators. Community-based screening for HIV/HBV/HCV and syphilis infections, pre- and post-test counseling, referral of new cases, sexual health education and awareness, and psychosocial referral to participants will be conducted.	8.000	4	<a href="http://www.fpccsida.org.pt/">http://www.fpccsida.org.pt/</a>
Fundação Portuguesa "A Comunidade Contra a SIDA"	"Prostituição masculina na área do Porto" - This project aims to continue to gather up-to-date information about male prostitution, through contacts with interviews with several male sex workers, homo, bi and hetero who are published on specific websites for this sexual offer. Assess your HIV and other STI status, referral, whenever necessary, and corresponding hospital referral	4.000		<a href="http://www.fpccsida.org.pt/">http://www.fpccsida.org.pt/</a>
Liga Portuguesa Contra a SIDA	"Saúde+Perto" - strengthening HIV literacy (I=I), including explaining prevention methods such as treatment as prevention (PrEP and PEP) targeting key populations identified (immigrants, men who have sex with men, sex workers, homeless people and psychoactive substance users). Screening for STI in vulnerable populations and including a mobile screening facility that drives around communities with less access to healthcare services.	21.000	7	<a href="https://ligacontrasida.org/">https://ligacontrasida.org/</a>
SER+, Associação Portuguesa para a Prevenção e Desafio à SIDA	"Beyond 95" - promote early diagnosis of HIV infection among vulnerable populations, linkage to health care and adherence to PLHIV treatment, increasing literacy about the infection. Improving the quality of life of PLHIV, including by promoting their psychological well-being, their social support network, and combating stigma and discrimination. It includes the development of a focus group with informal caregivers, a cognitive stimulation group (aimed at PLWH people who have signs, symptoms or risk of cognitive impairment), a therapeutic group (directed at PLHIV with difficulties in accepting the infection and/or adhering to treatment).	19.000	5	<a href="http://www.sermais.pt/">http://www.sermais.pt/</a>
SER+, Associação Portuguesa para a Prevenção e Desafio à SIDA	"Educação sobre a infeção VIH – Projeto Serviço de Apoio ao Tratamento (SAT)" - aims to ensure the success of the treatment of PLHIV, identified within the scope of social support, who present resistance or difficulty in therapeutic adherence through regular and closer monitoring. Intends to promote therapeutic adherence, preventing the worsening of the health condition; promote mental and occupational health; contribute to social integration.	14.000		<a href="http://www.sermais.pt/">http://www.sermais.pt/</a>
GAT – Grupo de Ativistas em Tratamentos	"GAT'AFRIK" offers a response tailored to the specific needs of the population from sub-Saharan Africa which, due to numerous reasons (including cultural aspects, low health literacy, language and legal barriers) seem to encounter increased difficulties in access and adherence to specialized health care. The project promotes early detection and linkage to the treatment of HIV, viral hepatitis and/or other STIs, in this community of people from Saharan Africa living in Portugal	10.000		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
GAT – Grupo de Ativistas em Tratamentos	"GAT Almada 2023" - The main objective is to improve access to health care for the populations most vulnerable to HIV, viral hepatitis, other STIs and Tuberculosis by offering free, anonymous and confidential screening, including hospital referral for reactive cases and promoting access to and retention in treatment. It is also ensured the attendance and psychosocial support for people living with or affected by these infections, in a situation of social and/or economic deprivation and inequality, dependence, exclusion or other increased vulnerabilities.	7.500		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>

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GAT – Grupo de Ativistas em Tratamentos	“GAT Checkpoint 2023” - CheckpointLX is a community-based center for men who have sex with men (MSM) for fast, anonymous, confidential and free screening for HIV and other STIs, sex counselling and referral to healthcare. Although the center is aimed at this population, it is open to the general population and offers the following services: Availability of condoms, lubricant; Peer counseling; Fast, peer-to-peer, anonymous, confidential, and free HIV screening	7.500	4	<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
GAT – Grupo de Ativistas em Tratamentos	“GAT Intendente 2023” - community-based outreach centre providing an anonymous, confidential and free service for rapid testing for HIV, hepatitis B, hepatitis C and syphilis (with criteria) targeting some of the most vulnerable populations to HIV infection and other STIs, including sex workers, transgender people, migrants and people sleeping on the streets.	10.000		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
GAT – Grupo de Ativistas em Tratamentos	“GAT Move-se 2023” - It consists of 3 mobile community health units, aimed at migrants, people who use drugs, men who have sex with men and people involved in sex work. Two mobile units intervene in the municipalities of the Setúbal Peninsula and one mobile unit intervenes in the city of Lisbon. It promotes rapid, anonymous, confidential and free screening for HIV, hepatitis B, hepatitis C and syphilis; hospital referral with the option of follow-up to specialty consultations in the NHS; distribution of material for safer sexual practices; distribution of safer smoked and injected consumables; social support and peer intervention: counseling; health information/literacy.	7.500		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
GAT – Grupo de Ativistas em Tratamentos	“GAT Par a Par 2023” - It is managed by peers, who are members of the community (People living with HIV and/or viral hepatitis, men who have sex with men (MSM), migrants, people who use drugs, properly trained to carry out case management with people affected and infected by HIV, viral hepatitis and tuberculosis infection and who need structured and prolonged follow-up on issues of access, adherence and retention in the health care.	15.000		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
GAT – Grupo de Ativistas em Tratamentos	“GAT Rede de Rastreio 2023” - The Community Tracing Network plays a role in monitoring a detection system early HIV, hepatitis B virus (HBV), hepatitis C virus (HCV) and syphilis, based on Civil Society Organizations. The main objective of this Network is the collection and reporting of data that allow surveillance of the epidemiological status of infections traced in populations of more than difficult to access, and who tend to have reduced contact with formal health structures, in complementarity.	15.000		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
GAT – Grupo de Ativistas em Tratamentos	“GAT Setúbal 2023” - community-based community-based, sexual health and harm reduction centre providing an anonymous, confidential and free service for rapid testing for HIV, hepatitis B, hepatitis C and syphilis. In cases of reactive result, the service guarantees referral, with the offer of follow-up, to health care in the NHS, ensuring access to specialized consultation at the reference hospital, as well as the start of treatment. At the same time, activities are developed to promote the	7.500		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
GAT – Grupo de Ativistas em Tratamentos	“IN-Mouraria” - It is an integrated response center for people who use drugs. Through the provision of a fixed center, this intervention differs from those that already existed, as it is very focused on work on the street. This model has made it possible to bring together a series of health and social services and create a space where, in addition to health and social care, people can stay and access a set of basic services.	13.490		<a href="https://www.gatportugal.org/">https://www.gatportugal.org/</a>
Associação Médicos do Mundo	“Centro Fixo de Rastreio Barcelos e Porto 2023”: STI screening project, including HIV, anonymously and confidential; consisting of a nurse (coordinator), and infectious disease specialists. The project is publicized in the community	15.000	1	<a href="https://www.medicosdomundo.pt/">https://www.medicosdomundo.pt/</a>