

## Contracted Services, Donations, Grants and Sponsorship Provided to Patient Organisations (January – December 2024)

### PORTUGAL

*Methodology: a complete list of organisations that were provided donations, grants or sponsorships were collated for the calendar year 2024. Monetary value of each contribution was recorded and where available, the percentage contribution to the organisation's total income is disclosed.*

Patient Organisation Name	Type of support or service provided	Description of support	Amount (inc taxes) in Euros (€)	% of overall income of Patient Organisation in 2024
AHSeAS - Associação Humanitária de Saúde e Apoio Social	- Financial Support – Grants	“V.I.D.A. (Valorizar, Integrar, Dialogar e Autonomizar)”: The project helps people living with HIV by promoting treatment adherence and retention in health services through psychological and social support, health education, and assistance with telemedicine and antiretroviral therapy (ART). For those struggling with ART adherence, the project prioritizes daily Directly Observed Therapy (DOT).	27000	18,09%
ABRAÇO	- Financial Support – Grants	Centro Rastreo Lisboa - This project aims to contribute to the early diagnosis of HIV, promote linkage to healthcare and access to treatment, improve quality of life, and defend the rights of people living with HIV. It empowers individuals and ensures effective access to various prevention, diagnosis, and treatment technologies by providing free, confidential, and anonymous rapid screening, along with pre-test information and post-test counselling.	9000	0,88%
ABRAÇO	- Financial Support – Grants	Consulta descentralizada PrEP: This project at Centro Comunitário +Abraço Porto provides a non-hospital setting that meets health regulatory standards, ensuring anonymity and confidentiality for the target population. A significant percentage of individuals starting PrEP at Hospital Universitário de São João (CHUSJ) and Centro Hospitalar e Universitário Santo António (CHU-Porto) are referred by this center, which strengthens HIV prevention strategies, health promotion, and education. The project aims to decentralize PrEP consultations from hospitals, making access more suitable and reducing barriers. It offers free, confidential, and anonymous rapid HIV screening, pre-test information, and post-test counseling. The unique aspect of this project is the complete decentralization from hospitals, with all consultations, blood collection, clinical consultations, and medication delivery conducted at Centro Comunitário +Abraço Porto.	7000	
Associação Positivo	- Financial Support – Grants	Projeto NutrVihVE Lfe: This project aims to promote access to nutritional assessment and follow-up consultations, raise awareness about healthy and sustainable eating, and encourage healthy lifestyles. It focuses on improving the morphological and metabolic well-being of people living with HIV (PVVIH), emphasizing the importance of diet and physical activity for health preservation. The project also aims to empower PVVIH to be active agents in changing their eating and physical activity habits, thus enhancing their quality of life. Additionally, it promotes physical activity for both physical and mental well-being and provides economically disadvantaged PVVIH with access to fruit and vegetable baskets to support healthier eating, reduce food waste, and maximize food use.	6000	10,55%
Associação Positivo	- Financial Support – Grants	Projeto Red Light: The "Red Light" project targets sex workers with the main goals of promoting physical and mental health, improving health habits, reducing risky behaviors, and combating social and economic inequalities and vulnerabilities. It aims to diagnose HIV and other sexually transmitted infections (STIs), provide treatment, referrals, and follow-up for specialized consultations, inform about PEP and PrEP, and implement combined prevention strategies for more effective prevention. The project also includes cervical cancer screening (vaginal cytology). It plans to engage online on paid sex sites and via phone to present the project, distribute free preventive materials, and conduct indoor STI tests (in apartments, bars, and guesthouses)	7000	
Associação Positivo	- Financial Support – Grants	Projeto Pares Positivos: This project aims to support new cases of people living with HIV, particularly migrants or newcomers, by referring them to hospital healthcare services. It ensures they are accompanied after official referral for initial and sometimes follow-up consultations, as well as therapeutic adherence and hospital appointments.	6000	

Associação Positivo	- Financial Support – Grants	Projeto Encontros Positivos: This project aims to promote the quality of life for people living with HIV. It will be structured into five areas: Therapeutic Groups, Psychological Skills Promotion Sessions, Cognitive Stimulation Sessions, Health Space (Physical Activity; Nutrition), and ENCONTROSPOS+T+VOS24 Space. The interventions will include activities like gymnastics day, arts day, computer support, and movie sessions. These meetings are intended for sharing and socializing to enhance quality of life and psychological and emotional well-being.	6000	
LIGA PORTUGUESA CONTRA A SIDA	- Financial Support – Grants	Projeto Espaço Liga-te: The focus of the project will be on enhancing literacy in the area of HIV, including prevention methods, particularly as treatment (I=I, PrEP, and PEP), adopting healthy lifestyles complementary to treatment, socio-professional inclusion activities, and legal support regarding issues related to stigma and discrimination.	10000	20,14%
LIGA PORTUGUESA CONTRA A SIDA	- Financial Support – Grants	Unidade Móvel de Rastreios Saúde + Perto: The focus of the project will be on enhancing literacy in the area of HIV (I=I), including prevention methods, particularly as treatment (PrEP and PEP) aimed at key identified populations (immigrants, men who have sex with men, sex workers, homeless people, and users of psychoactive substances). There will be (in)formation actions and reinforcement of activities developed in the areas of screening, early diagnosis, and timely and effective treatment.	11000	
MEDICOS DO MUNDO	- Financial Support – Grants	Centro Fixo de Rastreio Porto e Barcelos 2024 - This project counts with a nurse coordinator and volunteer doctors, including infectious disease specialists. Partnerships with gay bars and saunas will be maintained to engage with target groups: LGBTI, the general population, tourists, MSM, and TS. The Fixed Screening Center will promote the project in the community for anonymous and confidential services. In Barcelos, MdM's intervention includes the SER Project and the Fixed Screening Center Project, focusing on prevention materials, rapid screening tests, health care, psychosocial support, and training for homeless people, MSM, TS, drug users, and migrants.	20000	1,4%
ASS SER MAIS- Ass Port Prevenção Desafio Sida	- Financial Support – Grants	BASE – Bem-estar, Ativismo, Saúde e Empowerment - The project focuses on enhancing the quality of life and well-being of people living with HIV by ensuring their social rights, fighting stigma and discrimination, and providing necessary resources. Activities include social support, meal distribution, psychological counseling, therapeutic and cognitive groups, skills training, artistic expression, transportation to health services, cultural activities, ART management, and awareness campaigns.	20000	5.06%
ASS SER MAIS- Ass Port Prevenção Desafio Sida	- Financial Support – Grants	Find Me- The project aligns with UNAIDS 2030 goals and national health directives to ensure 95% of PLHIV know their status, are on treatment, and have an undetectable viral load, while aiming for zero stigma and discrimination. Ser+ leads this initiative in Cascais and Oeiras, focusing on identifying and supporting sex workers, raising awareness, providing preventive materials, conducting health screenings, linking to healthcare, and creating informational materials.	10000	
FUND PORT COMUNIDADE CONTRA SIDA	- Financial Support – Grants	Vamos falar de sexualidade? The objective of the project is to conduct 48 sessions under the theme "there is no age for love," held at an institution (SANCRIS) where the topic of sexuality in old age is addressed in a deconstructed manner. The goals are to inform and raise awareness about this topic, debunk myths and beliefs surrounding it, and create a favorable relational climate.	1500	0,31%
FUND PORT COMUNIDADE CONTRA SIDA	- Financial Support – Grants	Informar para Prevenir nos jovens universitários- The objective of the project is to conduct screening sessions for HIV, HBV, HCV, and Syphilis within the university community. A team consisting of a nurse, a psychologist, and a case manager will be responsible for executing the screenings, providing pre- and post-test information, referring reactive cases to the National Health Service, and offering psychological support if needed.	1500	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT-Chemsex - This project aims to implement interventions for people who use psychoactive substances for sexual purposes (chemsex), which significantly impact their health. The objectives are to reduce the transmission of HIV, hepatitis viruses, and other sexually transmitted infections (STIs) among chemsex practitioners, ensure access to treatment for those living with HIV, chronic hepatitis, or other STIs, reduce negative events associated with chemsex (such as substance toxicity, behavioral changes, addiction disorders, interpersonal violence, and complications from injected drug use), and decrease psychological and sexological disorders related to chemsex practices. The intervention activities are divided into three main areas: peer education and risk reduction strategies, risk reduction services and clinical support specifically for chemsex practitioners, and adaptation of GAT services to this group's needs, along with disseminating relevant information to chemsex practitioners and healthcare professionals.	2500	2,68%
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT Setúbal - GAT Setúbal is a community-based center focused on sexual health and risk reduction, offering free, anonymous, and confidential rapid testing for HIV, hepatitis B, hepatitis C, and syphilis. If results are reactive, they ensure referral and support for specialized healthcare and treatment. They also promote prevention and health literacy through awareness	2500	

		activities, distribution of prevention materials (condoms, lubricants, and injection equipment), and social support services. Recently, GAT Setúbal expanded its services by opening a new facility in São Julião, enhancing their capacity to meet the community's needs.		
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	CheckpointLX is a community-based center for men who have sex with men (MSM) offering rapid, anonymous, confidential, and free screening for HIV and other STIs, sexual counseling, and healthcare referrals. It also provides condoms, lubricant sachets, and peer counseling. The center aims to increase sexual health literacy, early detection of HIV and STIs, and quick referral to healthcare services.	5000	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT Move-se I and II are mobile community health units providing services to migrants, drug users, men who have sex with men, and sex workers. They offer rapid, anonymous, and free screening for HIV, hepatitis B, hepatitis C, and syphilis, along with hospital referrals, provision of condoms and lubricants, peer counseling, social support, and distribution of safer sex and drug use materials. They conduct around 17,000 screening sessions annually, playing a crucial role in early detection and treatment referral in the Setúbal Peninsula.	5000	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT Almada aims to enhance healthcare access for vulnerable populations by providing free, anonymous, and confidential screenings for HIV, viral hepatitis, STIs, and tuberculosis, along with hospital referrals and treatment support. The project also offers psychosocial care, medical consultations, medication support, social services, peer support, and prevention materials. It includes the country's first decentralized PrEP consultation and recently added services for viral hepatitis and STIs.	5000	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT Rede de Rastreio - The Community Tracking Network monitors early detection of HIV, HBV, HCV, and syphilis through Civil Society Organizations. It aims to collect and report data on these infections in hard-to-reach populations, ensuring they are referred, reconnected, and retained in the healthcare system.	10000	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT Par a Par is a peer-managed program that complements GAT's screening services and partner hospital centers. It provides individualized support, facilitates healthcare access and adherence, increases health literacy, and offers social and psychosocial support. The program aims to improve the quality of life and well-being of users by combining peer experience with medical and social support interventions.	10000	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	The GAT'AFRIK project addresses the unique healthcare needs of the Sub-Saharan African community in Portugal, focusing on early detection and treatment of HIV, viral hepatitis, and other STIs. It aims to test and refer individuals with reactive results to appropriate treatments and support them in overcoming barriers to accessing specialized healthcare.	10000	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT-IN Mouraria - This integrated response center for people who use drugs offers a fixed location for health and social services, differing from previous street-focused interventions. It aims to reduce the health and social impacts of drug use and promote social integration through referrals to complementary services.	10000	
GAT GRUPO PORT ACTIV TRAT VIH SIDA	- Financial Support – Grants	GAT Intendente is a community-based center offering anonymous, confidential, and free rapid testing for HIV, hepatitis B, hepatitis C, and syphilis, targeting vulnerable populations such as sex workers, trans people, migrants, and homeless individuals. The center provides individualized counseling and ensures effective access to the National Health Service for those with reactive results. Its main goal is to raise awareness of STI prevalence among vulnerable populations through screening services and informative content. The center has also expanded its facilities to meet the increasing demand for HIV treatment support and to initiate a vaccination program.	10000	